

SECURE MARRIAGE'S FIGHTING SQUARE

1. Pick A Neutral Place To Fight
2. Do NOT Pick The BEDROOM
3. Somewhere You Can Be In Close Proximity
4. Agree That This Is The Place Where ALL Fights Are To Be Held

READ THIS SCRIPT BEFORE EACH AND EVERY FIGHT

"Yes, we are mad at each other. It isn't the first time, and it isn't going to be the last time. The goals for THIS fight are to:

1. Try and understand each other instead of being "right";
2. Have us both walk away as winners; and
3. Get emotionally connected again as soon as possible."