

SECURE MARRIAGE NEEDS ASSIGNMENT

UNDERSTAND YOUR SPOUSE BETTER

1. What are the names and ages of your spouse's extended family (e.g. Parents, siblings, sibling's spouses, children, etc...)

2. When's your spouse's parent's birthdays and anniversary?

3. What's the name of your spouse's best friend, her/his spouse's name, and kids names?

4. What's your spouse's favorite memory? Why is it their favorite?

5. What's your spouse's favorite book or movie? Why?

6. How does your spouse feel loved? Time, Touch, Words of Affirmation, Gifts, or Acts of Service? Why? (These are from the book [The Five Love Languages](#))

7. What things put energy into your spouse? Why?

8. What things drain their energy? Why?

9. Is your spouse an introvert or extrovert? Why?

10. Why is your spouse a morning person or a night owl? Why?

11. What's been your spouse's greatest success? Why?

12. What's one thing your spouse still wants to do with their life? Why?

13. How does your spouse practice their faith? Why?

14. What's one small thing your spouse has asked you to do that you still struggle to do?

15. What does your spouse's perfect day look like?

16. What's one chore your spouse would like to never have to do again? Why?

17. What's your spouse's favorite meal? Why?

18. Where would your spouse like to go on vacation? Why?

19. If you have kids, what's the hardest part of parenting for your spouse? Why?

20. Has your spouse ever had a traumatic or life altering experience? Describe it.

21. How does that experience affect them now? Why?

22. How does your spouse feel about their current relationship with their
mother/stepmother? Why?

23. How does your spouse feel about their current relationship with their
father/stepfather? Why?

24. If your spouse could change one thing about how they were raised, what would it be? Why?

25. What types of things make your spouse cry? Why?

26. What types of things make your spouse laugh? Why?

27. What's your spouse's greatest fear? Why?

28. What's the one thing that your spouse struggles with the most? Why?

29. What makes your spouse feel embarrassed? Why?

30. Your house, containing everything you own, catches fire. After saving your loved ones and pets, your wife has time to safely make a final dash to save any one item. What would it be? Why?
